

GRIEF *Support* GROUP

Contact us for dates & times.

Kamish SCMH, Bldg. 3406,

Embedded BH Clinic, Rm. 314/315



- Learn about grief and its effects
- Discover the stages of grief
- Learn healthy coping skills for grief and loss
- Be part of an encouraging community
- Confidential



Brought to you by MEDDAC-AK Department of Behavioral Health
and the Kamish SCMH Embedded Behavioral Health Clinic

For more information, or questions, call 907-361-6059

